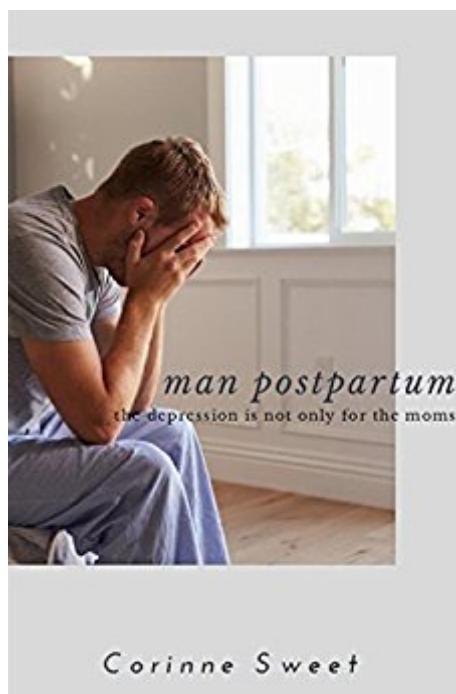


The book was found

Man Postpartum, The Depression Is Not Only For Them



Synopsis

The More "FIT" You Need to be: Depression during Pregnancy and Postpartum also Affect Men

Maternal anxiety and depression are so frequent that they affect one in four women, but men are also not safe from the emotional turmoil that occurs during pregnancy and especially with the baby's arrival. One study points out that there are men who experience depression during the pregnancy of their partners and after childbirth. Specifically, according to research conducted at the University of Auckland (New Zealand), about 6% of parents had elevated symptoms of depression at some point in their partner's pregnancy or during the nine months after childbirth. Perhaps some of the parents who read us feel identified, and probably also see them reflected in the mothers. When the father or mother is emotionally weak, when one of the members of the couple feels alone in the face of the new situation, when one of the two is not at one hundred percent, difficulties and fears can be aggravated. Which is more worrisome if we consider that depression is not easy to diagnose, neither in them nor them. In the study, published in the journal "JAMA Psychiatry," data were taken of almost 4,000 men and emphasized that couples have to be aware that any of them may be depressed and, in that case, you can not miss the symptoms and have to seek help. Especially if a man has previously suffered depression, if he has poor health or stress, pregnancy or a child may increase the risk of suffering from it. Data from interviews conducted indicated that 2.3% of parents had elevated symptoms of depression while their partners were pregnant.

Book Information

File Size: 921 KB

Print Length: 10 pages

Publication Date: May 19, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B071P4YZP1

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #495,949 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #45
inÃ Books > Health, Fitness & Dieting > Mental Health > Postpartum Depression #108
inÃ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments >
Physical Impairments #118 inÃ Kindle Store > Kindle Short Reads > 15 minutes (1-11 pages) >
Health, Fitness & Dieting

[Download to continue reading...](#)

Depression Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay Happy For Life (depression cure, postpartum depression, ... depression self help, depression free)
Depression: The Depression Cure: The 11-Step Program to Naturally Beat Depression For Life (depression cure, depression books, depression and anxiety, ... emotional intelligence, mood disorders)
Postpartum Depression: How to Overcome Postpartum Depression and Be a Happy Mom (Postnatal Depression) Man Postpartum, The Depression Is Not Only For Them Postpartum Depression Cure: The Self-Help Guide To Overcome Depression After Childbirth (Post partum anxiety, Post partum weight loss, Post partum depression) The Postpartum Husband: Practical Solutions for living with Postpartum Depression Therapy and the Postpartum Woman: Notes on Healing Postpartum Depression for Clinicians and the Women Who Seek their Help Interpersonal Psychotherapy for Perinatal Depression: A Guide for Treating Depression During Pregnancy and the Postpartum Period Interpersonal Psychotherapy for Perinatal Depression: A Guide For Treatment of Depression During Pregnancy and the Postpartum Period The Depression Workbook: A Guide for Living with Depression and Manic Depression, Second Edition Teen Depression: A Parent's Guide for Recognizing the Signs of Teenage Depression and Helping Your Child Find Happiness Again ~ (Help for Depression in Teens) Flavored Butters: How to Make Them, Shape Them, and Use Them as Spreads, Toppings, and Sauces (50 Series) Essential Spices and Herbs: Discover Them, Understand Them, Enjoy Them Think...like a Bed Bug: A Guide To Knowing What Bed Bugs Are, WhoÃ¢â€š At Risk, How You Get Them, How To Spot Them Early, Health Implications, Prevention ... Tips, And What To Do If You Get Them! This Isn't What I Expected [2nd edition]: Overcoming Postpartum Depression Down Came the Rain: My Journey Through Postpartum Depression Behind the Smile: My Journey out of Postpartum Depression The Mother-to-Mother Postpartum Depression Support Book: Real Stories from Women Who Lived Through It and Recovered Tokens of Affection: Reclaiming Your Marriage After Postpartum Depression The Lifter of My Head: How God Sustained Me During Postpartum Depression

[Contact Us](#)

DMCA

Privacy

FAQ & Help